

**COVID- 19**

For the fifth consecutive day confirmed case numbers in New Zealand remain at five with no additional or probable cases of COVID-19 to report. However, the WHO's declaration of a pandemic reinforces the importance of the planning and preparation already underway in New Zealand.

The PHOs and DHBs in Auckland are continuing to meet daily as part of the COVID-19 Emergency Service Level Alliance Team. This team is working hard to establish a suitable method to determine PPE stock requirements and supply. With effect from Monday 16<sup>th</sup> of March PHO staff will be working with all practice managers / owners to update an online Google Sheet daily to determine current PPE stock and staffing levels. This information will be reviewed daily by the COVID-19 Emergency Service Alliance Team and the PHO will then work closely with those practices indicating low PPE levels or staff sickness.

The MoH's expert group are currently reviewing the countries of concern which will inform changes to the Ministry's case definition in the coming days.

As changes are made to the Case Definition these will be made available on the Auckland Regional HealthPathways and the MoH website.

If you are notified that one of your patients is a confirmed case, please email our Clinical Director, Dr Charlotte Harris, [charlotte@aucklandpho.co.nz](mailto:charlotte@aucklandpho.co.nz)

If you need advice or have any concerns regarding swabbing, stocks of PPE, completing the Google sheet or anything else, please call Auckland PHO, 379 4022.

**THE BIG WHITE WALL SERVICE**

The Big White Wall (BWW) service is an online mental health resource available to patients who live in **Central Auckland**. It is designed to help people struggling with their mental health to get support, take control and feel better about their emotional health. Those who join Big White Wall will have access to a large and anonymous community of people who are going through similar experiences and support each other. Members can also take several self-guided courses including the following topics: managing relationships, emotions, quitting smoking, weight management, depression and anxiety.

There is also an online video outlining the service. Please find the video [here](#)

The registration link is: [www.bigwhitewall.com](http://www.bigwhitewall.com). This service is available on [Auckland Regional HealthPathways Anxiety in Adults Pathway](#) under self-help resources which are found in the management section.

For further information or promotional materials, please contact [emily.bromiley@bigwhitewall.com](mailto:emily.bromiley@bigwhitewall.com)

**ZOOM CNE IMMUNISATION NEWS UPDATE 2020**

**Date:** Wednesday 18<sup>th</sup> March

**Time:** 7pm – 9pm

Zoom Details: <https://zoom.us/j/913798754>

**Presented by:** the Metro Auckland Immunisation Coordinators

**SIGHMA: ADHB ADULT MENTAL HEALTH SPECIAL INTEREST GROUP**

**Date:** Wednesday, 18<sup>th</sup> March 2020

**Time:** 6.00pm – 8pm

**Venue:** Hobson Room, Level 1, Jubilee Building, 545 Parnell Road

**Topic:** **Recognising emerging psychosis and managing the First Episode of Psychosis “the Role of the GP”** by **Dr Thomas O'Flynn, Simon Judkins & Jonathan Embleton** – Psychiatrist, Lead Clinician & Clinical Team Leader ADHB Hapai Ora (Early Intervention Team)

**Launching New Pathway “Psychosis in Children & Youth Health Pathway”** by **Karen Chung – Regional Health Pathway Editor**

**RSVP:** Email Di Evans at [MHGPVisits@adhb.govt.nz](mailto:MHGPVisits@adhb.govt.nz)

**CME 2020 SERIES: BEST START PREGNANCY ASSESSMENT TOOL**

**Date:** Thursday, 19<sup>th</sup> March 2020

**Time:** 6pm – 8pm

**Venue:** Manukau SuperClinic

**Presented by:** Dr Christine McIntosh

**RSVP:** email [slockett@cmdhb.org.nz](mailto:slockett@cmdhb.org.nz)

For more information, please view the document attached below.

[Best Start Pregnancy Assessment Tool March.pdf](#)

**FREE CERVICAL SCREENING UPDATE**

**Date:** Wednesday, 25<sup>th</sup> March 2020

**Time:** 6.30pm – 8.30pm

**Venue:** Epsom Community Centre, 202 Gillies Ave, Epsom, Central Auckland

**Key speaker:** Dr Deralie Flower - Lead Colposcopist - Auckland DHB

Topics will include:

- Update from National Cervical Screening Programme
- HPV self testing trials update

Click [here](#) to register.

Certificates will be provided to all attendees.

Please contact Jane Grant for further information:

[Jane.Grant@waitematadhb.govt.nz](mailto:Jane.Grant@waitematadhb.govt.nz)



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