

Free and confidential

# Contraception Clinic

## Our Clinics:

### Lunn Ave White Cross Healthcare

110 Lunn Avenue,  
Mount Wellington

Clinics are  
every Wednesday  
9.00am to 1.00pm  
2.00 to 6.00pm

For an appointment  
or enquiry:  
**09-570 8899**  
*(Booking is done by the clinic)*

### Glen Innes Health Centre

272 Apirana Avenue,  
Glen Innes

Clinics are  
every Thursday  
9.00am to 3.30pm

For an appointment  
or enquiry:  
**0800 527 200**

### Three Kings Accident and Medical Centre

536 Mt Albert Rd  
Mt Roskill

Clinics are  
every Friday  
9.00am to 5.00pm

For an appointment  
or enquiry:  
**0800 527200**

## List of services we provide:

IUCD insertion

Jadelle insertion and removal

Mirena insertion

Jaydess insertion

Emergency IUD

IUD removal

*Where possible we welcome walk-ins appointments at these clinics.*



Welcome *Haere Mai* | Respect *Manaaki* | Together *Tūhono* | Aim High *Angamua*

