

### NZ COVID-19 TRACER

We have been working closely with the Ministry of Health, supporting their official contact tracing app, NZ COVID Tracer. Very soon we will be sending you, your official Ministry of Health NZ COVID Tracing poster. We will provide as many as you want. If you have already been on the NZBN site to print your Ministry of Health poster, you can disregard this notice. Below is a sample poster you can display to visitors to get the official Ministry of Health NZ COVID Tracer app. Even if you have other contact tracing systems, this app still helps visitors keep a digital diary of where they have been.

Protect yourself,  
your whānau, and  
your community

Download the NZ COVID Tracer app



### MATERNAL IMMUNISATIONS

We are delighted and proud (of you) to announce that Auckland PHO has the highest rates in the Metro Auckland area for maternal boosterix and influenza immunisations to 31<sup>st</sup> March 2020, AND the highest rates for Pacific pregnant women.

Congratulations to all you for your hard work on getting our pregnant women immunised.

### HAVING CONVERSATIONS ABOUT ALCOHOL WITH PATIENTS

Counties Manukau Health's Alcohol Harm Minimisation team has developed a video series to support health professionals have conversations with patients about their alcohol use.

The Alcohol ABC approach has been implemented across the health system including primary care; ask about alcohol, provide brief advice and refer to counselling when appropriate.

These videos demonstrate how to deliver brief advice using the 'You, Them, Me' approach, and are now available on [HealthPathways](#). For more information or advice, please contact [AHM@middlemore.co.nz](mailto:AHM@middlemore.co.nz)

### COVID-19: MEDICAL DIRECTOR UPDATE

Please see attached COVID 19: Medical Director update from Dr Bryan Betty at The Royal New Zealand College of General Practitioners.

### LEVEL 1: WHAT DOES IT MEAN FOR GENERAL PRACTICE?

In moving to Alert Level 1, there is a further loosening of the restrictions that have been in place up until this point. We anticipate that practices will continue to offer telephone, video or other virtual consultations as required. We anticipate 80 percent of consultations will be in-person, while 20 percent will be virtual. It is important we give patients flexibility in how they interact with their GP, and to maintain our ability to move back up a level if required in future.

[Click here to read the full statement about Level 1.](#)

### RED WHALE GP UPDATE

Red Whale is a comprehensive update for primary health care professionals: GPs, Primary Care Nurses, Nurse Practitioners, Pharmacists. Our GP's do all the legwork to bring you up to speed on the latest evidence and guidance.

This year is different from any other, and we want to make it easy and safe for you to stay fully up to date, so Red Whale 2020 is being presented as a webinar series over 4 nights in September.

**Webinar series 7.30pm weekly: 2, 9, 16 and 23 September 2020**

This webinar series is for GPs, primary care nurses, nurse practitioners, nurse prescribers, pharmacists: anyone who wants to keep up to date across the whole field of primary care.

Further information and registration: [Click here](#)

### JUNE 2020 HEART FOUNDATION UPDATE

The Heart Foundation Heart Healthcare Newsletter is attached. Check out the translated resources link for high blood pressure, cholesterol, smoking and angina.



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