

RECORDING PATIENT CONSULTS WITH A PRACTICE NURSE

It is important that nurses capture all patient consults/interactions (where notes have been entered into the PMS) as this translates to 'service utilisation' when a zero or a dollar value invoice is recorded. Zero \$ nurse consult examples are:

- Immunisations (GP as the provider)
- Repeat scripts
- ACC consults
- Telephone consultations, for example: lab result discussions, information regarding a patient hospital discharge summary or specialist reports

The importance of recording nurse consults provides evidence of nurse activity to the MoH. Several of our practices' reports display none or very low amounts of service utilisation, thus not reflecting the true level of activity undertaken by nurses in general practice.

In addition, service utilisation levels (GP and Practice Nurse) are used by the MoH to determine funding increases in line with demand when new fees are being applied.

Please contact Carol (carol@aucklandpho.co.nz) or Alison (alison@aucklandpho.co.nz) if you have any questions.

COVID-19 TESTING UPDATE

MEDINZ – 17/07/2020 2:28:49 PM

The Ministry of Health has provided additional guidance on COVID-19 testing.

As previously, people who meet the Higher Index of Suspicion (HIS) criteria with symptoms should be offered a test.

The additional advice is other symptomatic groups who are more likely to have severe consequences if they get COVID-19 should be offered a test if they present to health services - seniors (>70); Maori, Pacific peoples (of all ages); and those who have significant pre-existing conditions (eg chronic obstructive pulmonary disease, high blood pressure, heart disease, diabetes) of all ages; plus health care workers and aged residential care staff.

Clinicians should use clinical discretion to determine if those outside the above groups presenting with symptoms consistent with COVID-19 should be offered a test. The current arrangement is designed to be facilitating not constraining.

For asymptomatic testing information please refer to the attachment.

All COVID-19 activity remains funded with claims continuing to be processed through e-Notifications.

Note: The DHBs are undertaking a procurement process to establish a sustainable Community Testing Response. There may be changes to CBACs from 1 August; however, current testing capacity will be maintained. Further information will be shared once confirmed or is available via GETS if you wish to tender.

For any questions or feedback please contact stuart.jenkins@waitematadhb.govt.nz

LONG TERM USE OF LNG-IUS (MIRENA) AND BONE MINERAL DENSITY

Long term use of LNG-IUS (Mirena) does not cause loss of bone mineral density (BMD) in women and is safe to use. The Mirena IUS is fully funded in New Zealand.

One case report¹ reported low levels of oestrogen and loss of BMD in a 29-year-old woman who had had a Mirena in situ for 6 years. There was speculation that the cause was disruption of the hypothalamic-gonadal axis. Cohort studies have failed to support such a link.^{2,3} The Mirena works by prevention of implantation not suppression of ovulation.

There is no contraindication to Mirena in women at risk of low BMD, e.g. with eating disorders.⁴

This Gem was written by Dr Orna McGinn, Clinical Director Primary Care Women's Health, Auckland District Health Board.

References:

1. Osteoporosis in a young woman after 6 years of levonorgestrel administration from intrauterine devices? BMJ Case Rep. (2009). [View here](#)
2. Prospective study of the forearm bone mineral density of long-term users of the levonorgestrel-releasing intrauterine system. Human Reproduction (2010). [View here](#)
3. Changes in Bone Mineral Density of Users of the Levonorgestrel-releasing Intrauterine System. Journal of Nippon Medical School (2012). [View here](#)
4. FSRH CEU Statement: Contraception for Women with Eating Disorders (2018). [View here](#)

[Click here](#) to view more Gems.

CPR TRAINING

Sessions are offered free of charge to our practice teams on:

Level 3

Date: Wednesday, 22 July 2020

Time: 6.30 - 8.30pm

Level 4 (full)

Date: Wednesday, 29 July 2020

Time: 6pm - 8.30pm

Level 5

Date: Wednesday, 5 August 2020

Time: 6pm - 9pm

Venue: Auckland PHO, Level 4, 210 Khyber Pass Road, Grafton

RSVP: to priscilla@aucklandpho.co.nz

FACT 1 and FACT 2 COURSES ONLINE + PODCAST “Why Stress is Good for You and How”

Please see information and links below:

1. FACT 1 course online by Prof Bruce Arroll on Friday 10th July
cost \$100
<https://www.grow.co.nz/page/online-fact-workshop/>
2. FACT 2 course online by Prof Bruce Arroll on Friday 24th July
cost \$100
<https://event-fact2-july.lilregie.com/booking/attendees/new>
3. How to use stress for your own benefit-Kelly McGonigal
radio NZ June 2020 podcast
<https://www.rnz.co.nz/national/programmes/sunday/audio/2018752574/how-to-use-stress-for-your-own-benefit>

Ted talk by Kelly McGonigal

https://www.ted.com/talks/kelly_mcgonigal_how_to_make_stress_your_friend/discussion?nolanguage=en.Kelly+McGonigal%3A+Controlling+Our+WillpowerWe#t-858836

WOUND CARE WORKSHOP FOR RNs/ENs

Date: 11th August 2020

Time: 9am – 1.30pm

Venue: Waitakere conference room, Waitakere Hospital

Topics: - Innovations in wound care – biofilm based wound care management
- Palliative wound care management
- How to take a swab, a refresher, changes and why
Pantry wound care

RSVP to Sasha.mckinlay@waitematadhb.govt.nz

For more information, please see attached flyer.

NEXT-GENERATION SUICIDE PREVENTION TRAINING

A workshop for health professionals and community workers focused on keeping clients safe, supported by the Goodfellow Unit.

This 3-hour workshop is presented by SafeSide Prevention. SafeSide is a framework for recovery-oriented suicide prevention that lifts our sights beyond merely ‘keeping clients safe’ toward a vision of evidence-based care that is truly connected with a client’s needs, experiences, and growth potential.

SafeSide is an evidence-based workshop that addresses common dilemmas, demands, and rewards of supporting individuals at risk for suicide. With a focus on a prevention-oriented risk formulation that helps reduce your risk of complaints and helps improve patient outcomes.

Every interactive SafeSide workshop is co-led by its founder Dr. Anthony Pisani, internationally recognised leader in suicide prevention education and workforce development, and Kristina Mossgraber, patient advocate and lived experience consultant.

Who Should Attend

This workshop is for clinicians who work in primary care, nurses and training managers in health, behavioural health, and youth services settings.

Online Webinar Workshop

Date: Saturday, 29 August 2020

Time: 8.30 am – 11.45 am NZST

RSVP: [click here](#)



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