

The weekly newsletter of Auckland PHO provides details of events, meetings, clinical information, and PHO Programmes to our Practices

GARDASIL 9 (HPV) UPDATE

The following is an update from The Immunisation Advisory Centre (IMAC) – July 2020

<https://www.immune.org.nz/vaccines/available-vaccines/gardasil-9>

Males and Females - 9-14 years inclusively:

Two HPV Vaccine doses

- Standard schedule remains at 0 and 6 months with a minimum interval of 5 months between two doses.
- There is no maximum interval between doses, do not restart the course
- If two doses are given at least 5 months apart, no further doses are required even if the second dose is given when the individual is aged 15 years or older.
- If doses one and two are given less than 5 months apart, a third HPV vaccine dose is required.

Males and Females - 15-26 years inclusively

- Three HPV Vaccine doses
- Standard schedule remains 0, 2 and 6 months
- If a shortened schedule is required, three doses can be given over a 5-month period, with a minimum interval of 4 weeks between any two doses

Please see the attached factsheet from IMAC for further information.

UPDATED RESOURCES

There is a new information sheet on *Staying healthy while studying* please click on the link

<https://www.immune.org.nz/resources/written-resources/staying-healthy-while-studying-%E2%80%93-july-2020> to view.

The online immunisation handbook has been update please visit <https://www.health.govt.nz/publication/immunisation-handbook-2017> to view the latest edition. The Ministry of Health are no longer printing versions please make sure this handbook is bookmarked at all stations.

GPNZ NEWSLETTER 23 JULY 2020

GPNZ, the General Practice Advocacy and Support organisation that Auckland PHO belongs to have published their fortnightly newsletter - <https://gpnz.org.nz/news/gpnz-newsletter-july-23-2020/>

We are also arranging an Auckland Roadshow date for Auckland GPs to attend or zoom in to – where you can hear how GPNZ are addressing Primary Care funding issues as well as an opportunity to provide your thoughts on Primary Care matters.

GREEN PRESCRIPTION (GRx) INNOVATIONS AND UPDATES

- ✓ In Person (at a community programme), Phone or **Virtual** Consultations now available for all GRx patients
- ✓ **Weekly** Nutrition & Wellbeing group-based community workshops at each of our 6 community programmes across ADHB. [Details](#)
- ✓ **Weekly** Nutrition & Wellbeing WEBINARS. Thursday 7pm & 10.30am. [Details](#)
- ✓ **Live-Streaming** exercise class every Friday at 9.30am. All fitness levels. [Details](#)
- ✓ eReferrals to GRx through Care Select or Care Connect
- ✓ Active Families' referrals welcomed for school aged children who are above a healthy weight. Home visits included in this service. [Details](#)

OPTIMISING ASTHMA WEBINAR

Guideline Update and Approaches to Poorly Controlled Asthma

Date: Tuesday, 28th July 2020

Time: 7 – 8pm (45 minute presentation, 15 minute questions)

Presenter: Dr James Fingleton

Respiratory physician, Wellington Regional Hospital

Register here:

<https://webstreamlive.com/astrazeneca/au/280620/>

CPR TRAINING

Sessions are offered funded by Auckland PHO to our practice teams on:

Level 4 (full)

Date: Wednesday, 29 July 2020

Time: 6pm - 8.30pm

Level 5

Date: Wednesday, 5 August 2020

Time: 6pm - 9pm

Venue: Auckland PHO, Level 4, 210 Khyber Pass Road, Grafton

RSVP: to priscilla@aucklandpho.co.nz

Pizzas provided

WOUND CARE WORKSHOP FOR RNS/ENS

Date: 11th August 2020

Time: 9am – 1.30pm

Venue: Waitakere conference room, Waitakere Hospital

- Topics:**
- Innovations in wound care – biofilm based wound care management
 - Palliative wound care management
 - How to take a swab, a refresher, changes and why
 - Pantry wound care

RSVP to Sasha.mckinlay@waitematadhb.govt.nz

**TOTARA HEALTH SERVICES CLINICAL SERIES -
ADDICTION MANAGEMENT**

Date: Wednesday, 12th August 2020
Time: 6.30pm – 8.00pm
Venue: Level 2, Meeting Room, Totara Health Services,
1 McCrae Way, New Lynn
Presenter: Dr Vicki Macfarlane
RSVP: [click here](#) and register before Wednesday, 5 August

**SIGHMA: ADHB ADULT MENTAL HEALTH
SPECIAL INTEREST GROUP**

Date: Wednesday, 19th August 2020
Time: 6.00pm – 8pm
Venue: Hobson Room, Level 1, Jubilee Building, 545 Parnell
Road, Parnell
Topic: **Perinatal Mental Health Update for Primary Care** by
Joy Hodgson, Maternal Mental Health Psychiatrist
Aronui Ora, ADHB Mental Health Service

RSVP: Email details to Di Evans at MHGPVisits@adhb.govt by
Monday 17th August (Zoom will be available but will only be a
passive view not interactive due to the set-up of the room.
Please indicate if you are planning on physically coming to the
meeting or joining by Zoom).

NEXT-GENERATION SUICIDE PREVENTION TRAINING

A workshop for health professionals and community workers
focused on keeping clients safe, supported by the Goodfellow
Unit.

This 3-hour workshop is presented by SafeSide Prevention.
SafeSide is a framework for recovery-oriented suicide prevention
that lifts our sights beyond merely 'keeping clients safe' toward
a vision of evidence-based care that is truly connected with a
client's needs, experiences, and growth potential.

SafeSide is an evidence-based workshop that addresses common
dilemmas, demands, and rewards of supporting individuals at risk
for suicide. With a focus on a prevention-oriented risk
formulation that helps reduce your risk of complaints and helps
improve patient outcomes.

Every interactive SafeSide workshop is co-led by its founder Dr.
Anthony Pisani, internationally recognised leader in suicide
prevention education and workforce development, and Kristina
Mossgraber, patient advocate and lived experience consultant.

Who Should Attend

This workshop is for clinicians who work in primary care, nurses
and training managers in health, behavioural health, and youth
services settings.

Online Webinar Workshop

Date: Saturday, 29 August 2020
Time: 8.30 am – 11.45 am NZST
RSVP: [click here](#)

Like us on Facebook

