

GUEST SPEAKERS BIOGRAPHIES

Dr Bobbi Laing is a research fellow in the School of Nursing, at the University of Auckland, and an adjunct research fellow at the Menzies Institute at Griffith University. She has practiced extensively as a registered nurse and registered nutritionist in a variety of rural and urban health settings.

One of Bobbi's research streams is the application of the concept of 'Wellness' to support people living with non-communicable diseases through the Women's Wellness Program. Bobbi leads the Women's Wellness Program for the Irritable Bowel Syndrome study (NZ). She is also a Co-Investigator in the Women's Wellness Program After Stroke, and the current Feasibility Trial the 'Younger Women's Wellness Program After Breast Cancer' (the Kōwhai Study), and its Māori sub-study. Alcohol use and its link to breast cancer is one of the topics discussed in this program.

Dr Michelle Wise is a Senior Lecturer in the Department of Obstetrics and Gynaecology, University of Auckland, and a Consultant Obstetrician and Gynaecologist at Auckland DHB. Dr Wise is leading a national research trial on induction of labour (www.oblige.auckland.ac.nz), and she teaches women's health to medical students and junior doctors. Her professional interests include quality improvement, clinical guidelines, and clinical governance, all with a focus on multi-disciplinary collaboration. Recently, she has been a media spokesperson for RANZCOG, educating the public about Covid-19 and pregnancy.

Dr Saman Moeed is a New Zealand born and trained obstetrician and paediatric and adolescent gynaecologist at National Women's Health, Auckland and in private practice at Omnicare Women's Health. She undertook a fellowship in paediatric and adolescent gynaecology at the Royal Children's Hospital Melbourne in 2010 and 2011 and worked as a consultant at RCH until returning home to New Zealand in 2016. Saman is the only New Zealander to hold the international fellowship in paediatric and adolescent gynaecology. She is involved in research in period pain in teenagers and teaches paediatric and adolescent gynaecology to O&G and paediatric registrars and the University of Auckland O&G Diploma. Outside of work, Saman is a keen Blackcaps cricket fan and enjoys travel, both of which have been thwarted this year by the Covid pandemic.

Rebecca Morris is a Cultural and Resilience leader. She is also known as a mindset mentor, speaker, facilitator, author, consultant and leadership coach. She founded Paradigm Shift in 2011 because she repeatedly saw corporate and government career leaders allowing chaos to reign rather than choosing effective change. She is passionate about ensuring organisations choose the right cultural model and this includes ensuring healthy safe employees by using the right mental health and wellbeing programmes.

Rebecca's passion is understanding how our thoughts and beliefs can be trained to have positive experiences. Her areas of research are in cognitive behaviour therapy with an emphasis on anxiety, depression and performance anxiety especially as students leave school and enter the workplace.

Dr Gillian Gibson Is a surgeon at Ascot and Southern Cross Hospitals and part time specialist at ADHB in Women's Health since 1996 she currently holds a Clinical Lead position.

Dr Gibson is a Councillor for The Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG) and a member of the editorial board for RANZCOG quarterly publication O & G Magazine.

Her special interests include colposcopy, menopause, abnormal uterine bleeding, miscarriage management as well as general gynaecology.

Dr Helen Roberts Completed her medical degree at Trinity College Dublin, then worked at the Rotunda Hospital and then King's College Hospital in London. In 1983 she came to New Zealand and joined Family Planning, becoming the Medical Director and National Medical Spokesperson from 1988-1992. At present, I am Associate Professor Women's Health and am involved with both undergraduate and postgraduate medical education in O+G. I still work at Family Planning as their Research Advisor. My clinical and research interests and publications have been mainly in the areas of contraception, menopause and HPV vaccine.

Sara Maunsell owner of Femme Physiotherapy is a New Zealand registered physiotherapist with more than 25 years' experience in women's health. Sara has extensive training in incontinence, pelvic floor dysfunction and other complex problems arising from pregnancy, childbirth and menopause.

Vanessa May is a Registered Nurse who has a passion for women's Health. Working in Gynaecology Outpatients ADHB she runs the Nurse Led Pessary clinics which involves the Assessment, fitting and management of Pessary for Pelvic Organ Prolapse she also runs urodynamic testing clinics for the diagnosis and treatment planning of incontinence. She is undertaking Post Graduate study to further enable her to work independently with women.