

# Auckland PHO Community Podiatry Services

Free Community Podiatry for Patients with Diabetes with moderate to high risk diabetes foot disease

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## 1. Aim

Improve Primary Care services for people living with diabetes who have diabetes foot disease so that disease progression is reduced.

## 2. Introduction

The Community Podiatry Service has been designed to give patients with diabetes who are enrolled with Auckland PHO access to community podiatry services if they meet the eligibility criteria.

## 3. Patient Eligibility Criteria

- Diabetes – Types 1 and 2
- Have moderate (2) or high (3) risk diabetes foot disease – classified at the time of the patients diabetes annual review with a risk category of moderate and high risk using the *Diabetes Foot Screening and Risk Stratification (NSSD 2013)*
- *Patients presenting with active ulceration, unexplained hot, red, swollen foot with or without the presence of pain (suspected Charcot foot), severe or spreading infection or critical limb ischaemia should have an urgent referral to the most appropriate service at the ADHB.*

## 4. Referral Process

Complete Mōhio Podiatry Form

The Auckland PHO Podiatry Service Coordinator will manage the referral and contact the nominated podiatrist and be your point of contact if further information or changes are required

The Practice can charge the usual co-payment to see the patient, however the podiatry service is free to the patient

## 5. Podiatry Services

Contracted Podiatrists are expected to hold a Bachelor of Health Science in Podiatry and have a minimum of two years podiatry experience.

The podiatrist will provide a package of care to the patient that is based on patient need. Each person will receive a year of care from the time they commence this service if needed. Each patient whose risk is 2 or 3 will receive an annual assessment and ongoing podiatry care.

If the patient's foot condition heals to a low risk foot category, the podiatrist will transfer the patient back to you with a summary of treatment and instructions on how to care for the person's foot.

The podiatrist will inform you about the treatment being provided, length of the treatment plan and inform you when the patient exits the service. A written report will be provided within three weeks of the completion of the episode of care with any instructions for general practice follow-up.

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