

HAERE MAI

FREE Collaborative Mental Health and Addictions Credentialing Programme

Starting February 2021

Talofa lava, Mālo etau lava, Huānying

Every day as a primary health care nurse you are the first point of contact for people with mental ill health and substance use issues. Build your kete and enhance your practice.



Normalise conversations about mental health & substance abuse



Ask 'difficult' questions



Screen and assess



Deliver brief interventions



Support people's holistic and cultural needs



Promote digital therapy



Provide self care support



Introduce to other services for support

What does it involve?

- **five in person study days + online learning**: 18th Feb, 18th March, 15th April, 6th May, 27th May
- **(Ko Awatea, Middlemore)**
- Practice development support (five small group supervision sessions between study days)
- Ongoing reflective practice with support
- Recognition of enhanced practice by professional body (Te Ao Māramatanga New Zealand College of Mental Health Nurses)

For more information or to enrol, contact Jacqui Hampton on 021 811 882 or jhampton@comprehensivecare.co.nz.

Enrol by January 2021 – places are limited 😊

