

The weekly newsletter of Auckland PHO provides details of events, meetings, clinical information and PHO Programmes to our Practices

### SURV-COOK FOR PEOPLE ARRIVING FROM THE COOK ISLANDS

The first quarantine free flight from the Cook Islands arrived on Thursday 21 January 2021. If anyone from these flights presents for testing at your practice/UCC with symptoms, please:

- Use the new SURV code: SURV-COOK
- Mark the sample as URGENT/PRIORITY before sending to the lab

### PROTECT AGAINST MEASLES



As you are aware the Ministry of Health has funded a measles vaccination [catch up campaign](#). Our aim is to ensure that all rangatahi are fully vaccinated with the MMR vaccine to protect them against Measles, Mumps and Rubella. The campaign is aimed at 15-30 year olds who have never had a dose or have only had one dose of MMR. Please [click here](#) for Protect against measles factsheet.

ADHB and WDHB have various streams to make sure that we are delivering immunisations to rangatahi who need it. One of these streams is Primary Care. We are asking for your assistance in supporting primary care to vaccinate as many 15-30 year olds with a focus on Māori and Pacific as you can. This work will be supported by immunisation events in the community as well.

### DHB DIABETES RETINAL SCREENING SERVICES

Diabetic retinal screening services in Waitemata DHB were disrupted due to COVID-19 and some people living with diabetes may be experiencing delays in receiving retinal screening appointments.

Retinal screening services are working to safely manage waiting lists and will ensure those at highest risk of diabetic eye disease are screened first.

If you are concerned that your patient's situation has changed and they need to be seen urgently or the wait has been inappropriate, please re-refer via e-referrals and include information on what has changed in order for the referral to be re-prioritised.

Otherwise, please have confidence that your patients will be seen in a timely manner based on their level of clinical risk.

Please continue to send referrals for people with diabetes who are newly diagnosed or not currently engaged with the diabetes retinal screening services. If you are unsure of the referral criteria, please visit HealthPathways.

### MESSAGE FROM THE DG HEALTH, Dr ASHLEY BLOOMFIELD

See attachment (1).

### DIABETES SELF-MANAGEMENT EDUCATION WORKSHOPS

Our DSME courses are designed to benefit patients newly diagnosed with diabetes along with those who need additional support to manage their long term condition. Our course covers - what diabetes is, complications, medications, keeping active, understanding tests, foot care, food choices, label reading and goal setting.

Living with diabetes can be scary and confusing and feedback from our course participants is extremely positive, patients feel they are less afraid and more empowered having gained the knowledge and skills to make some major lifestyle changes with a better understanding of diabetes.

To refer patients, you can complete the DSME outbox form and fax or email it to [Saphiya@aucklandpho.co.nz](mailto:Saphiya@aucklandpho.co.nz)

If you have any queries or require further information about DSME please contact [Saphiya@aucklandpho.co.nz](mailto:Saphiya@aucklandpho.co.nz)

#### Upcoming Course

**Date:** Saturday, 30<sup>th</sup> January 2021

**Time:** 9.30am – 3.30pm

**Venue:** Avondale Community Centre, 99 Rosebank Road, Avondale, Auckland 1026

### SEEKING PROVIDERS FOR UNDERGRADUATE SHORT TERM NURSING PLACEMENTS

Waitemata and Auckland DHB, Primary Health Care Nursing Development Team are seeking **Expressions of Interest from Primary Health Care providers** to offer short placements to undergraduate nurses across the region. These can vary from **3 - 5 weeks for PHC experience and/or 10 weeks for pre-registration placements**. Nurses in the pre-registration placements will have signaled a keen interest in primary health care work.

Please see attached for more details along with a form to submit by 10 February 2021.

### DO YOU HAVE NEW RECEPTION/ADMIN STAFF?

A reminder to let the us know If you have any new reception / admin staff who would benefit from one-on-one PHO enrolment training including eligibility and entitlement along with NES processes and procedures.

If you would like to arrange training or would like to know more contact [Sneha@aucklandpho.co.nz](mailto:Sneha@aucklandpho.co.nz)



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