

The weekly newsletter of Auckland PHO provides details of events, meetings, clinical information and PHO Programmes to our Practices

### PRIMARY CARE RESPONSE LEVEL AND PPE ADVICE, LATEST TESTING ADVICE, AND SECOND COVID-19 VACCINE DOSE INFORMATION

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#### Primary Care response level and PPE advice

The Primary Care response level will change from Yellow to Green on **Monday the 15th of March**. The Northern Region [COVID-19 Primary Care Response Framework 'at a glance'](#) provides a reminder on IPC guidance appropriate for this response level. Please note that N95/P2 respirator use is not currently recommended at Alert Levels 1 and 2.

The NRHCC, PHO Clinical Leaders Forum and RNZCGP are in active discussions with the Ministry of Health about the interim advice released on the 18th of February on the use of N95/P2 respirators and fit testing in Primary Care during the pandemic. Further information will be communicated once it is available.

#### Latest testing advice

Please see the [Clinical Editor's note](#) on HealthPathways regarding the latest testing advice, including:

- Atypical symptoms - please consider COVID-19 in patients with HIS criteria who have one or more less typical symptoms which may predominate in some COVID-19 variants.
- Contact tracing – please refer to MoH [Locations of interest](#) to get the most up-to-date contact tracing and isolation advice.
- Testing approach from 4th March to 15th April

#### Second COVID-19 vaccine dose information

Thank you to those in Primary Care who have taken the opportunity to have their first dose of the COVID-19 vaccine. You will be contacted in the coming days with information about how to book your second dose. If you do not receive this information please contact your PHO.

### NEW ZEALAND MEDICAL JOURNAL

Read the latest issue Vol 134 No 1531: [12 March 2021](#)  
Login: [Barbara@aucklandpho.co.nz](mailto:Barbara@aucklandpho.co.nz) Password: Yellow2020

### CPR TRAINING

Sessions are offered free of charge to our practice teams on:

CPR	Date	Time
Level 3	Tuesday, 13 April 2021	6.00 - 8.30pm
Level 4	Wednesday, 14 April 2021	6.00 – 9.00 pm
Level 5	Thursday, 15 April 2021	6.00 – 9.30 pm

**Venue:** Auckland PHO, Level 4, 210 Khyber Pass Road, Grafton  
**RSVP:** to [priscilla@aucklandpho.co.nz](mailto:priscilla@aucklandpho.co.nz)  
Please see attachment (1) for registration form

### AUCKLAND CHINESE MEDICAL ASSOCIATION CONFERENCE

The Auckland Chinese Medical Association is a group of registered medical doctors. They are holding a conference this year open to all doctors, nurses, students, and allied health professionals.

Date: Saturday, 8<sup>th</sup> May 2021

Time: 08.00 – 17.15

Venue: Highbrook Conference Centre, 60 Highbrook Drive, East Tamaki, Auckland

Keynote Speakers: **Dr Renee Liang and Professor Shanthi Ameratunga** - On The Case of the Invisible Asian

**Register online:** [acma.org.nz/acmaconf2021](http://acma.org.nz/acmaconf2021)

For further information, please see attachment (2)

### DIABETES SELF-MANAGEMENT EDUCATION WORKSHOPS

Our DSME courses are designed to benefit patients newly diagnosed with diabetes along with those who need additional support to manage their long-term condition. Our course covers - what diabetes is, complications, medications, keeping active, understanding tests, foot care, food choices, label reading and goal setting.

Living with diabetes can be scary and confusing and feedback from our course participants is extremely positive, patients feel they are less afraid and more empowered having gained the knowledge and skills to make some major lifestyle changes with a better understanding of diabetes.

#### Upcoming courses are running on:

- Friday 26<sup>th</sup> March 2021 (*see flyer 3a*)
- Saturday 17<sup>th</sup> April 2021 (*see flyer 3a*)
- Saturday 1<sup>st</sup> May 2021 *Cantonese & Mandarin run workshop (see flyer 3b)*

**Time:** 9:30am – 3:30pm

**Venue:** Auckland PHO, Level 4, 210 Khyber Pass Road, Grafton

To refer patients, you can complete the DSME outbox form (attachment 3) and fax or email it to

[Saphiya@aucklandpho.co.nz](mailto:Saphiya@aucklandpho.co.nz)

If you have any queries or require further information about DSME please contact [Saphiya@aucklandpho.co.nz](mailto:Saphiya@aucklandpho.co.nz)

### VACCINE FRIDGE

Health Connections is looking for a vaccine fridge. If your practice has one available, please contact Erin on 022 100 2282.

### MMR VACCINATORS

ADHB and WDHB are once again advertising for more casual pool nurses to help out at our MMR events.

WDHB – [click here](#)

ADHB – [click here](#)

further information please contact Louise Goodall  
[Louise.Goodall@waitematadhb.govt.nz](mailto:Louise.Goodall@waitematadhb.govt.nz)



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