

The weekly newsletter of Auckland PHO provides details of events, meetings, clinical information and PHO Programmes to our Practices

### BE ALERT TO INCREASED RISK OF SUICIDE CONTAGION AFTER DEATH OF TEEN

MEDINZ on 8/06/2021 2:44 PM

A 13-year-old male died from suspected suicide on 7 June. He was a year 9 student at a West Auckland school.

The fast dissemination of this kind of news via social media adds to the risk of contagion and further suicide attempts by vulnerable young people.

Please keep this in mind during your daily dealings with patients of this demographic and follow normal referral processes to mental health services where appropriate.

Please direct any clinical queries to:

#### Auckland DHB:

Nicola Kenny [NKenny@adhb.govt.nz](mailto:NKenny@adhb.govt.nz)

#### Waitematā DHB:

Marinoto West duty phone: 0800 228 666

[Fiona.Anderson@waitematadhb.govt.nz](mailto:Fiona.Anderson@waitematadhb.govt.nz)

[Mirsad.Begic@waitematadhb.govt.nz](mailto:Mirsad.Begic@waitematadhb.govt.nz)

Please send feedback to

[Mirsad.Begic@waitematadhb.govt.nz](mailto:Mirsad.Begic@waitematadhb.govt.nz)

### BMI SCREENING

In New Zealand 1 in 3 children are overweight or obese by the time they are 5 years old. Regular monitoring of growth in young people and children supports early identification and management for those children who may require extra support for weight management. It is important to measure a child's height and weight at all ages as part of routine general practice care. Child BMI data for each practice is accessible via Mōhio reports. This data can be utilised to identify children who require a weight and height recorded. Identifying these patients and placing alerts on their record will allow for opportunistic screening on those who are missing measurements. Education on healthy eating, child activity and exercise should occur as often as possible and practices are encouraged to have educational resources/pamphlets regarding healthy weight for children, weight scales, and height measuring equipment. Please refer to [Auckland Regional Healthpathways](#) for management of the 'At Risk' patients.

If you require support or education on child obesity and BMI recording, please email Sneha

[Sneha@aucklandpho.co.nz](mailto:Sneha@aucklandpho.co.nz)

### FEEDBACK ON DSME / SELF-MANAGEMENT SUPPORT (SMS) PROGRAMME

Auckland PHO is conducting a survey on DSME/SMS Programme and your input would be appreciated. Click the link below to start the survey (only takes approximately 3 minutes). Thank you for your participation.

<https://www.surveymonkey.com/r/33D2S8J>

### NZDDS TYPE 2 DIABETES MANAGEMENT GUIDELINES 2021

Please find attached report (1) which is as an educational resource for primary healthcare professionals. It provides a commentary and summary of the Type 2 Diabetes Management Guidance published recently by the NZSSD. The [guidelines](#) offer concise, pragmatic and evidence-based guidance on the management of type 2 diabetes and were developed in response to the urgent need to:

- Reduce clinical inertia
- Reduce inequities and standardise diabetes care across New Zealand
- Introduce best practice for newly funded medicines and reinforce the role of existing treatments
- Incorporate management focused on reducing cardiovascular (CV) risk
- Address ongoing challenges, e.g. insulin treatment, acting on abnormal findings in the annual review

### ACC - HTI (HIGH TECH IMAGING) TRAINING

There is another upcoming HTI training on Wednesday 16<sup>th</sup> June at Ōtara local doctors. Spaces are capped at 35 per session. GPs can register their interest [here](#).

**Date:** Wednesday 16 June 2021

**Time:** 6:30pm to 9:00pm

**Venue:** 3 Watford Street, Ōtara, Auckland 2023

Please contact Naomi Stewart for queries

[Naomi.Stewart@ProCare.co.nz](mailto:Naomi.Stewart@ProCare.co.nz)

### FEDERATION OF PRIMARY HEALTH IN-PERSON AND ZOOM MEETING FOR LOCALITY NETWORKS

Save the date: **Tuesday 29th June 1 – 4 pm, Wellington**

The Federation has embraced the concept of "locality networks" because they have the capacity to provide better and more equitable health services for New Zealanders. Local leadership, generating local solutions for local issues.

At this session, the Federation will have short presentations from some who are delivering primary health care through a locality network and others who are formulating ideas and concepts. The Federation will facilitate discussion to assist the sector to think broadly about how providers and communities can work together to shape approaches to meet their community's needs.

Participation is welcomed from every part of the primary health sector. This will include those who want to find out more about the potential of Locality Networks along with those who have concepts and ideas to present. If you would like to contribute to the agenda please contact Jennifer Pelvin ([jennifer@butlerpelvin.com](mailto:jennifer@butlerpelvin.com))

To register your interest in attending please follow this [LINK](#)